



2018 Lux Cross Country Schedule

August

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 Practice 3-4:30	21 Practice 3-4:30	22 Practice 3-4:30	23 Practice 3-4:30	24 Practice 3-4:30	25
27 Practice 3-4:30	28 PLC No Practice	29 Practice 3-4:30	30 Practice 3-4:30	31 Practice 3-4:30	

September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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3 NO SCHOOL	4 Practice 3-4:30	5 Practice 3-4:30	6 Practice 3-4:30	7 Practice 3-4:30	8 XC Meet @ Roper Park 9:00
10 Practice 3-4:30	11 NO PRACTICE Staff Meeting	12 Practice 3-4:30	13 Practice 3-4:30	14 Practice 3-4:30	15 XC Meet @ Roper Park 9:00
17 Practice 3-4:30	18 Practice 3-4:30	19 Practice 3-4:30	20 Practice 3-4:30	21 Practice 3-4:30	22 XC Meet @ Pioneers Park 9:00
24 No Practice Conferences	25 PLC Day No Practice	26 Practice 3-4:30	27 No Practice Conferences	28 All City XC Meet @ Pioneers Park @ 4:30	

THE GIRLS RACES START AT 9:00 AM WITH THE GIRLS AND THE BOYS' RACE WILL FOLLOW AT 9:30 AM.

(See back for additional information)

- All City Meet will be held on Friday, September 29 in conjunction with the LPS High School Meet hosted by East High at Pioneers Park. The schedule will be:
4:00 HS Girls; 4:30 MS Girls; 5:00 HS Boys; 5:30 MS Boys
- Competition Distance for all middle school races will be 4000m for all meets.

Join and access Google Classroom, Fall Intramurals, through the code, nu0k06 (Those are zeroes). I will post schedules, cancellation information and schedule adjustments here. Check often for updates.