**2018 Lux Track Schedule**

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| --- | --- | --- | --- | --- | --- |
| **Mon 3/19** | **Tue 3/20** | **Wed 3/21** | **Thur 3/22** | **Fri 3/23** | **Sat 3/24** |
| Practice  3:00 – 4:30 | Practice  3:00 – 4:30 | Practice  3:00 – 4:30 | Practice  3:00 – 4:30 |  |  |
| **Mon 3/26** | **Tue 3/27** | **Wed 3/28** | **Thur 3/29** | **Fri 3/30** | **Sat 3/31** |
| Practice  3:00 – 4:30 | NO PRACTICE  PLC DAY | Practice  3:00 – 4:30 | Practice  3:00 – 4:30 | NO SCHOOL  NO PRACTICE |  |
| **Mon 4/2** | **Tue 4/3** | **Wed 4/4** | **Thur 4/5** | **Fri 4/6** | **Sat 4/7** |
| NO SCHOOL  NO PRACTICE | Practice  3:00 – 4:30 | Practice  3:00 – 4:30 | Practice @ East  3:15 – 4:30 | Practice  3:00 – 4:00 | Meet #1  @ East  8:00 – 12:00 |
| **Mon 4/9** | **Tue 4/10** | **Wed 4/11** | **Thur 4/12** | **Fri 4/13** | **Sat 4/14** |
| Practice  3:00 – 4:30 | Practice  3:00 – 4:30 | Practice  3:00 – 4:30 | Practice @ East  3:15 – 4:30 | Practice  3:00 – 4:00 | Meet #2  @ Northeast  8:00 – 12:00 |
| **Mon 4/16** | **Tue 4/17** | **Wed 4/18** | **Thur 4/19** | **Fri 4/20** | **Sat 4/21** |
| Practice  3:00 – 4:30 | Practice  3:00 – 4:30 | Practice  3:00 – 4:30 | Practice @ East  3:15 – 4:30 | Practice  3:00 – 4:00 | Meet #3  @ East  8:00 – 12:00 |
| **Mon 4/23** | **Tue 4/24** | **Wed 4/25** | **Thur 4/26** | **Fri 4/27** | **Sat 4/28** |
| Practice  3:00 – 4:30 | NO PRACTICE  PLC DAY | Practice  3:00 – 4:30 | Practice @ East  3:15 – 4:30 | Practice  3:00 – 4:00 | Meet #4  @ Southeast  8:00 – 12:00 |
| **Mon 4/30** | **Tue 5/1** | **Wed 5/2** | **Thur 5/3** | **Fri 5/4** | **Sat 5/5** |
| Practice  3:00 – 4:30 | Practice  3:00 – 4:30 | Practice  3:00 – 4:30 | Practice @ East  3:15 – 4:30 | ALL CITY TRACK MEET  @ Lincoln High  4:00 – 8:00 |  |

Thursday Practices @ Lincoln East are not required, though they are encouraged. Transportation is not provided to these practices

Track meets will run according to the order of events, there is no specific time that each event will start. We start field events at 7:45 with High Jump starting first and Long Jump & Shot Put starting by 8:30…Running Events will start at 9:00 and run in the following order:

1600, Hurdles, 100, 400, 200, 800, 4x100, 4x400

If meets are cancelled they will announce it on KFOR or on the LPS web site.

Communication is the most important part about track. Your student needs to know what events they are entered into, and communicate with coaches about whether or not they will be at practices and meets.

Please have rides available to pick students up at the west end of the building by 4:30. If you have any questions, contact Mr. Burch at [bburch@lps.org](mailto:bburch@lps.org) THANKS!!!