**Lux Running Club**

* **T**he focus of LRC is to promote a healthy lifestyle, encouraging a passion for running, and build positive relationships with others.
* All students, 6th, 7th, and 8th grade are welcome to participate. Mrs. Ruisinger and Mrs. McNear will sponsor the club.
* On scheduled dates, runners will meet at the benches near the health office. Be sure to bring appropriate gear for the weather conditions. We will run outside even when it is cold. Running club will meet from 3:10
* Please join the intramural google classroom site to get updates about the season. The code is nu0k06. (Those are zeros.)

**Lux Running Club 2017**

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| --- | --- |
| Tuesday | Oct. 24 |
| Thursday | Oct. 26 |
| Thursday | Nov. 3 |
| Tuesday | Nov. 7 |
| Thursday | Nov. 9 |
| Thursday | Nov. 16 |
| Tuesday | Nov. 21 |
| Thursday | Nov. 30 |
| Tuesday | Dec. 5 |
| Thursday | Dec. 7 |
| Thursday | Dec. 14 |
| Tuesday | Dec. 19 |
| Thursday | Dec.21 |

**Lux Running Club 2018**

|  |  |
| --- | --- |
| Tuesday | Jan. 9 |
| Thursday | Jan. 11 |
| Tuesday | Jan. 16 |
| Thursday | Jan. 18 |
| Tuesday | Jan. 23 |
| Thursday | Jan. 25 |
| Thursday | Feb. 1 |
| Tuesday | Feb. 6 |
| Thursday | Feb. 8 |
| Tuesday | Feb. 13 |
| Thursday | Feb. 15 |
| Tuesday | Feb. 20 |
| Thursday | Feb.22 |
| Thursday | Mar. 1 |
| Tuesday | Mar 6 |
| Thursday | Mar. 8 |
| Tuesday | Mar. 13 |
| Thursday | Mar. 15 |
| Tuesday | Mar. 26 |
| Thursday | Mar 29 |